



Sustainable Harvest International

Main Office: 779 North Bend Road · Surry, ME 04684

Outreach Office: P.O. Box 833 · Carrboro, NC 27510

November 16, 2009

Pickawoowo Pty Ltd

Dear Friends:

I am writing to thank you for your recent support of Sustainable Harvest International (SHI) through Eco-Libris. We acknowledge the receipt of funding from Eco-Libris on 11/11/09 for the planting of 780 trees on behalf of Pickawoowo Pty Ltd. It is your generosity that allows us to bring environmental, economic and social sustainability to more than 1,800 families in over 120 struggling communities in Central America. With your help SHI is able to provide the long-term technical assistance necessary for farmers to successfully adopt sustainable practices.

One example of this success is Domingo Alvarado, a Honduran farmer who has been working with Sustainable Harvest International for six months. He has worked with SHI to increase the diversity of his farm, where he now has a vegetable garden and a nursery with thousands of timber-yielding trees and coffee.

In his own words:

“Sustainable Harvest is an organization that works very differently from many that are in our country, since now I have learned to prepare organic fertilizer and to grow without using pesticides. This organization has come at a good time since as you know everything is expensive here and there is threat of famine.

If you see my garden it's small, but I have eaten and sold different kinds of vegetables, among them lettuce, onions, tomatoes, peppers, beets, cilantro, etc. Now when my children come home from school they eat salads and other greens that help them concentrate on their studies, because a well-fed child has a greater ability to learn. I also want to tell you that with help from our extensionist Jorge and the group, I now have a henhouse and my wife does not have to look all over for the eggs.

We have plans to increase our income with the planted coffee, since the climate zone is optimal for this type of plant. Jorge is teaching us how to better care for our forest and protect the soil. Along with the growing coffee we have timber-yielding trees and so the coffee will always be in the shade.

(over, please)

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As you can see, with help from Harvest I planted 4,800 plants, among them coffee, mahogany, tamarind, timber trees, acacia, leucaena and others. Next month I will transplant them and it will be a big change for these mountainsides where there isn't even one tree.

Working with Harvest I have learned more about health and nutrition, and I also hope within some years to have a better income with the coffee and vegetables.

Finally, I want to tell you that there are families in this community that need FUCOHSO's support [our Honduran affiliate] and I hope Sustainable Harvest in the U.S. can acquire more funds to give to more families. We all need and want to work in order to live and guarantee life for following generations."

Imagine the difference we are making for the Alvarado family and thousands of others like them. I'm more grateful for your support than words can say.

I'm also happy to report that Charity Navigator has given us four stars, their highest available rating, for the third consecutive year. Only 10% of the thousands of evaluated non-profits have reached this standard, which makes SHI one of America's top charities. SHI will maintain this top rating by always focusing on program results that relieve the global problems of poverty and environmental destruction that affect us all.

Again, I am truly and deeply thankful for your continued commitment to alleviating poverty and restoring hope to impoverished Central American communities.

Sincerely yours,



Florence Reed
President

P.S. Please let us know if you can think of anyone else who might like to hear about SHI's work. We would love to send them an introductory letter and information packet.